

Earn up to \$120 in rewards with our Living Well[™] Everyday program.



Here's how it works1

Enroll in Harvard Pilgrim's Living Well™ Everyday program and start earning rewards for participating in a variety of informative, fun and interactive activities including:

- Stress management
- Environmental
- Healthy eating
- Financial literacy
- wellness
- Self-care
- Volunteerism
- Physical activity
- Health plan literacy

How rewarding is it?



Earn up to \$120 in gift cards.

You'll earn rewards incrementally, so the longer you participate in the program, the more rewards you earn. Reach all three levels to earn a total of \$120 in gift cards.

SUBSCRIBER REWARDS **LEVEL 2** I FVFI 3 LEVEL 1 \$20 Gift card \$40 Gift card \$60 Gift card

Log in to www.harvardpilgrim.org/livingwelleveryday to start earning rewards!

Covered dependents or employees who aren't Harvard Pilgrim members can participate in a separate program, where they can earn points towards monthly gift card drawings.

Well-being as you define it. A community, at your fingertips.

Our program is packed with tools that let you define your own vision of well-being. Here are some of the features:



Customize to suit your goals



Connect with others for tips and advice



Sync to your wearable device



Connect with a personal health coach



Our digital engagement platform is easily accessible from most devices so you can stay on top of your goals wherever you are.

Get started today and enjoy the rewards of feeling your best.



Visit www.harvardpilgrim.org/livingwelleveryday

Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

¹ Rewards are available for fully insured accounts, rated as large group, up to 999 eligible employees.